



CONFERENCE PROGRAM

DAY 1 – THURSDAY, 17 DECEMBER 2020

MAIN HALL

14:00 – 14:15	Opening Speech/ Welcome Address Keynote Addresses Moderator: Dr. Alia Al Showab	
14:15 – 14:55	Energetic Nutrients and Cardio Metabolic Disorder	Prof. Duo Li, China
14:55 – 15:35	Prevention of Diabetes and its Complication	Prof. Shaw Watanabe, Japan
15:35 – 16:15	Personalized Sports Nutrition – From Science to Practice	Dr. Mohamed Saad, Bahrain
16:15 – 17:00	Networking Session / Posters	

DAY 2 – FRIDAY, 18 DECEMBER 2020

MAIN HALL

Moderator: Dr. Alia Al Showab		
08:30 – 09:10	Keynote Addresses: Pediatric Diabetes (Advances in T1DM)	Dr. Nandu Thalange, UAE
09:10 – 09:50	Keynote Addresses: Clinical Nutrition Solving Health Problems	Prof. Mark L Walhqvist, Australia
09:50 – 10:00	Break	
	Hall A Gut Health and Microbiota Moderator:	Hall B Advanced Nutrition Technology Moderator:
10:00 – 10:20	Dietary, Epigenetic, Metabolomic Links of Metabolic Diseases Prof. Chaoqiang Lai, USA	Interplay of Genetics, Microbiome & Lifestyle in Shaping Human Health Dr. Safarina Malik, Indonesia
10:20 – 10:40	The Metamorphosis of Dietary Therapy in Inflammatory Bowel Disease Dr. Christos Tzivinikos, UAE	Advance in Functional Food Prof. Ling Wang, China
10:40 – 11:00	Dietary Health Interventions in Chronic Diseases Dr. Cosette Fakh, Lebanon	TBC Dr. Nick Bellissimo, Canada
11:00 – 11:30	Networking Session/ Posters	

	Hall A Sports Nutrition Moderator:	Hall B Nutrition and Ageing Moderator:
11:30 – 11:50	Sports Nutrition Supplements – The Cons and Pros Dr. Mohamed Saad , Bahrain	The Role of Dietary Diversity in Health and Medical Expenditure Among Elderly Prof. Meei-Shyuan Lee , Taiwan
11:50 – 12:10		Nutrition in Adolescence TBC
12:10 – 12:30	A Better Life in the 50s Dr. Abdulateef Maraghi , Bahrain	Malnutrition Levels in Hospitals in UAE Prof. Mirey Karavetian , UAE
12:30 – 12:50		Traditional Gulf Foods Dr. Majd Khalaf , Kuwait
12:50 – 13:10	Q&A / Discussion	Q&A / Discussion
13:10 – 13:30	Networking Session/ Posters	

DAY 3 – SATURDAY, 19 DECEMBER 2020

MAIN HALL

	Hall A ICU Nutrition Support (Adults) Moderator: Dr. Ohoud Ali Alhammadi	Hall B ICU Nutrition Support (Pediatrics) Moderator: Dr. Fatima Al Khroussi
09:00 – 09:20	NS in Adult Surginal Patients Dr. Enas Mogawer , Egypt	TPN Dr. Hesham Obeidat , UAE
09:20 – 09:40	Nutritional Mobile Application for UAE's Hemodialysis Patients: Results of the Clinical Trial Prof. Mirey Karavetian , UAE	Nutrition of Critically Ill Infant and Child Dr. Yasir Rashid , UAE
09:40 – 10:00	Nutritional Support for Hemodialysis Dr. Liana Poulia , Greece	Chronic Kidney Disease in Children and Nutrition Dr. Martin Bitzan , UAE
10:00 – 10:20	Hospital Malnutrition: Practical Implications for dietetic Practitioners Dr. Cosette Fakih , Lebanon	TBC Dr. Sarah Bougany , UAE
10:20 – 10:40	Q&A / Discussion	Q&A / Discussion
10:40 – 11:00	Networking Session/ Posters	
	Hall A Obesity Moderator	Hall B Pediatric Nutrition Moderator
11:00 – 11:20	TBC Dr. Omar Mohd Al Marzougi , UAE	TBC Dr. Nick Bellissimo , Canada
11:20 -11:40	TBC Dr. Alia Alshowab , UAE	Role of Folic Acid in Preventing Spinal Bifida Dr. Ghadir Jaber , UAE
11:40 – 12:00	TBC	Poor Growth in Children Dr. Yasir Rashid , UAE
12:00 -12:20	Q&A / Discussion	Q&A / Discussion
12:20 – 12:40	Networking Session/ Posters	

	Hall A Diabetes Moderator:	Hall B Obesity Moderator: Prof. Mirey Karavetian
09:00 – 09:20	Insulin Resistance & Metabolic Syndrome: The Chicken or The Egg? Dr. Nawal Al Mutawa , UAE	Weight Management in Adults Dr. Ghalia Abdeen , UAE
09:20 – 09:40	Glycaemic Indices and Glycaemic loads Prof. Hyunjung Lim , China	Coinciding Prevalence of Malnutrition & Obesity Among Medical Patients in AlQasimi Hospital, Sharjah Dr. Mona Hashim , UAE
09:40 – 10:00	Ultra Processed Food: Evidence in Diabetes Health Dr. Amena Sadiya , UAE	Bariatric Nutrition Care Protocol Dr. Tarek Mahdi , UAE
10:00 – 10:20	Management of Exercise in Children and Adolescents with T1DM Dr. Enas Mogawer , Egypt	TBC Afra Bin Katta , UAE
10:20 – 10:30	Q&A / Discussion	Q&A / Discussion
10:30 – 11:00	Networking Session/ Posters	
	Hall A Macro & Micro Nutrients & Health Moderator: Dr. Noor Nahdi	Hall B Maternal Nutrition Moderator: Dr. Masooma Aljasmī
11:00 – 11:20	Protein in Special Populations Prof. Anura Kurpad , India	Nutritional Care in Pregnancy Dr. Amaal Hasan
11:20 – 11:40	Cardiovascular Health Benefits of Vegetables and their Bioactive Constituents Dr. Lauren Blekkenhorst , Australia	Neural Tube Defects Prevention Prof. Kelei Li , China
11:40 – 12:00	Social Media Approach to Facilitate Reducing Salt Intake in a Sample of UAE Population: A Mixed Study Dr. Amjad Al Jarar , UAE	Gestational Diabetes and Lifestyle Intervention Dr. Amena Sadiya , UAE
12:00 – 12:20	Vitamin E Supplementation and Immuno-Protection of Older Adults Prof. Geok Lin Khor , Malaysia	Determinants of Postpartum Weight Retention Among MISC Cohort Participants, UAE Dr. Mona Hashim , UAE
12:20 – 12:35	Closing Remarks	